## **Employee Counseling Program**

JH Reach offers several resources to strengthen our employees and their families. An avenue that we provide to our employees that are going through difficult times is counseling. We offer a counseling assistance program that will help ease into the counseling process.

100% for sessions 1-5 50% for sessions 6-10 *\*We will not cover any no-show fees.* 

## **Employee Counseling Process**

- 1. Fill out the counseling sign-up form
- 2. Create an account with the Anticipate Joy platform and schedule your first session (a coupon code will be provided to get the first 5 sessions)
- 3. If Anticipate Joy does not meet your area of need, please contact JH Reach for more resources (email at info@jhreach.org)
- 4. If you would like to continue with more sessions after the first 5 please contact JH Reach for the second coupon code.
- 5. Employee follows up with a JH Reach member once counseling sessions are completed and fills out counseling debriefing form.

For more information please visit our website at www.jhreach.org or email us at info@jhreach.org.

